



# The Hong Kong Orthopaedic Association e-Newsletter (April 2026)

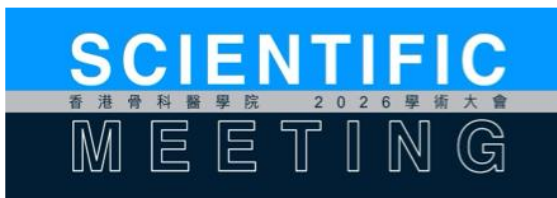
HKOA  
eNewsletter



Dear Fellows, Members and Associated Members,

In my second year as the Honorary Treasurer, it is my great pleasure to extend my warmest greetings while serving on the HKOA council.

At the time of writing this newsletter, we are only mere days away from the HKCOS Scientific Meeting, Orthopaedics for Life: Primary Care Foundations and Translational Advances. The Scientific Meeting is supported by HKOA, with heavy involvement of our members, making it truly a special event.



Musculoskeletal conditions are among the most common reasons for healthcare visits worldwide, yet their management often lies at the intersection of multiple disciplines. This Scientific Meeting focuses on the collaboration between primary care and orthopaedics, with clinicians, researchers, and other healthcare professionals gathering to explore how stronger integration can improve patient outcomes and system efficiency. The implementation of integrated care models can reduce waiting times and improve patient satisfaction.

This exciting conference between primary care and orthopaedics will surely improve collaboration, enhance early diagnosis, streamline referrals, and promote holistic patient care, leading to better outcomes, reduced delays, and more efficient healthcare delivery.

While we are fortunate to live in safety and stability, we cannot forget those in the Middle East facing daily uncertainty, conflict, and hardship. We pray for a rapid resolution in the near future.

With warm regards,

Dr Michael Ong  
Honorary Treasurer  
Hong Kong Orthopaedic Association

## Upcoming Events:

### HKCOS – Scientific Meeting 2026

Date: 2- 3 May 2026 (Sat-Sun)

Venue: The Ballroom, Level 7 & 8, Cordis, Hong Kong

Website: <https://sm.hkcos.org.hk>



The Hong Kong College of Orthopaedic Surgeons

Supported by

The Association of Licentiate of Medical Council of Hong Kong, Hong Kong College of Community Medicine, The Hong Kong College of Family Physicians, Hong Kong College of Paediatricians, Hong Kong College of Radiologists, HONG KONG DOCTORS UNION, The Hong Kong Orthopaedic Association, Hong Kong Occupational Therapy Association, Hong Kong Physiotherapy Association, Hong Kong Society of Certified Prosthetist-Orthotists

# SCIENTIFIC

香港骨科醫學院 2026 學術大會

# MEETING

2-3 May 2026 (Sat-Sun) 08:30-09:00 Check in 09:00-17:00 Main Conference The Ballroom, Level 7&8, Cordis, Hong Kong

Orthopaedics for Life: **Primary Care Foundations & Translational Advances**

A cross-disciplinary meeting connecting orthopaedics, primary care, rehabilitation, and healthcare professionals in musculoskeletal care:

- **Primary Care & Community Musculoskeletal Health** – Early recognition, referral, and community care
- **Orthopaedic Advancements & Translational Research** – Robotics, enabling technologies, and clinical innovation
- **Rehabilitation & Recovery Pathways** – Functional recovery, rehabilitation, and return to work
- **Sir Harry Fang Oration** – Keynote on orthopaedic advances and alignment with Hong Kong's primary healthcare system
- **Medico-Legal & Professional Practice** – Legal, financial, and wellbeing perspectives for clinicians
- **Scientific Paper Presentations** – Trainee-led research in translational musculoskeletal care

### Accredited by HKCOS

Whole Conference

15 (Cat.A) CME/CPD Points | 15 Core or 8 Rehab Training Points

The Best Original Research by HKCOS Trainees Preliminary Presentation Round  
CME/CPD Points: 3 (Active Cat. A) | Training Points: 3 Core



Programme & Registration  
<https://sm.hkcos.org.hk>

HKCOS-SM2026-Poster-20260312

## Foot and Ankle Advanced Course 2026

Date: 2 May 2026 (Sat)

Venue: Surgical Skills Centre (10/F), Laboratory Block,  
Faculty of Medicine Building, 21 Sassoon Road, Pokfulam, HK

[https://hkuems1.hku.hk/hkuems/ec\\_hdetail.aspx?guest=Y&ueid=105921](https://hkuems1.hku.hk/hkuems/ec_hdetail.aspx?guest=Y&ueid=105921)  
*Enrolment is based on selection.*

Registration: *Successful applicants will be notified via email no later than 22 April 2026 (Wed).*



 **HKU Med** School of Clinical Medicine  
Department of Orthopaedics & Traumatology  
香港大學矯形及創傷外科學系

# Foot and Ankle Advanced Course 2026

**2 MAY 2026 (SATURDAY)  
09:00 – 16:30**

Surgical Skills Centre (10/F), Laboratory Block,  
Faculty of Medicine Building, 21 Sassoon Road,  
Pokfulam, Hong Kong

Free of charge

**OVERSEAS SPEAKER**



**Dr Keen Wai CHONG**  
*Farrer Park Hospital, Singapore*

**LOCAL SPEAKERS**

Dr Kai-Man CHU  
Dr Siu-Wah KONG

**TABLE INSTRUCTORS**

Dr Fiona LAM  
Dr Charles LI  
Dr Stephanie LIU

**CO-CHAIRMAN**

Dr Chi-Fat CHAN  
Dr Jun Horng TAN

**TARGET PARTICIPANTS**

Post-fellowship O&T practising  
in foot & ankle surgeries

**REGISTRATION & DETAILS**



**FOR ENQUIRIES**  
events@ortho.hku.hk  
+852 2255 5085  
Ms Cherlyne Chung

SPONSORED BY  
**Smith+Nephew**

**CME ACCREDITATION**  
Please Refer to event website

# HKOA Dinner Symposium

Date: 14 May 2026 (Thu)

Venue: Salon II-III, Hyatt Regency Hong Kong

## HKOA Dinner Symposium Invitation

14 MAY 26

### PROGRAMME

Moderators: Dr Ma Chun Man & Dr Wong Chong Hing



**Lecture 1:** Two Cases of Osteoporotic Collapse Requiring Urgent Decompression and Osteotomy

**Dr. Aaran Leung**

QEH • 15 mins



**Lecture 2:** Perioperative Management of Osteoporosis in Adult Spinal Deformity

**Prof. Kenny Kwan**

QMH • 15 mins



**Lecture 3:** Osteotomy for Osteoporotic Vertebral Fracture

**Dr. Jodhy Mak Suk Ying**

AHNH • 15 mins



**Lecture 4:** Critical Steps in Spine Fracture Management: Integrating Anabolic Treatment

**Prof. Charles Inderjeeth**

Guest Speaker • 15 mins

### VENUE

**Salon II-III, Hyatt Regency Hong Kong**  
18 Hanoi Road, Tsim Sha Tsui, Kowloon, Hong Kong

### TIME

7:00 – 7:15 PM  
7:15 PM  
7:30 – 9:00 PM

Reception  
Dinner Served  
Lecture & Discussion



Supported by HKOA

**2 Points of CME/ Training Points**

For reservation, please scan QR code or contact Michael Wong at +852 9227 9579

# 5<sup>th</sup> International Conference on Fragility Fracture (ICFF)

Date: 16 May 2026 (Sat)

Venue: The Ballroom, Cordis Hotel, Hong Kong

Registration: <https://www.ort.cuhk.edu.hk/events/icff2026/Registration.html>

**Hong Kong SAR**

**May 16, 2026**



## 5<sup>th</sup> International Conference on Fragility Fracture (ICFF): Breaking Barriers - Innovations and Advances in Fragility Fracture Management

**Accreditation:**  
HKCOS CME (Pending), HKCOS TP (Pending), Physiotherapy CPD (Pending),  
The Hong Kong College of Family Physicians (Pending)  
Rehabilitation CME CPD, CNE, Rehabilitation Training,  
Hong Kong College of Physicians, Occupational Therapy (Pending)

**Invited Faculty:**

 <b>Professor Zsolt BALOGH</b> University of Newcastle Australia	 <b>Professor Gustavo DUQUE</b> McGill University Canada	 <b>Professor Serge FERRARI</b> Geneva University Hospital Switzerland	 <b>Professor Pierre GUY</b> The University of British Columbia Canada	 <b>Professor Charles INDERJEETH</b> The University of Western Australia Australia
 <b>Professor David KEENE</b> University of Oxford United Kingdom	 <b>Professor David KENDLER</b> The University of British Columbia Canada	 <b>Professor Samir MEHTA</b> University of Pennsylvania United States	 <b>Professor Benjamin OLLIVIERE</b> University of Nottingham United Kingdom	 <b>Professor Emil SCHEMITSCH</b> Western University Canada

<b>Course Chairmen:</b> Dr Ronald Man Yeung WONG Professor Wing Hoi CHEUNG Dr Sheung Wai LAW Professor Patrick Shu Hang YUNG	<b>Local Faculty:</b> Dr John Chun Fung CHAN      Dr Shing Hing CHOI      Dr Kendrew Yu Hei CHOI Dr Angela Wing Hang HO      Dr Albert Yung Chak HSU      Dr Kin Bong LEE Dr Ka Hei LEUNG      Dr Raymond Wai Kit NG      Dr Kenneth Cheuk Kee NG
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<b>Venue: May 16, 2026   The Ballroom, Cordis Hotel, Hong Kong SAR</b>	<b>Saturday Inter-hospital Meeting:</b> May 16, 2026 (8:30am - 10:00am) Target participants: HKCOS Members Only <b>Free Attendance</b> <b>Registration is Required</b>	<b>May 16, 2026</b> Target participants: All Healthcare Professionals Early bird Registration: \$350 (on or before April 1, 2026) After Early bird registration: \$700 <b>Registration is Required</b>
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**Program Secretariats:**  
(852) 3606 3074  
(852) 3606 1664  
Email: [olc-ort@cuhk.edu.hk](mailto:olc-ort@cuhk.edu.hk)  
<http://www.olc-cuhk.org>  
<http://www.ffnhksar.org>

  
**Registration**

**Organizers:**

				
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## The 99<sup>th</sup> Annual Meeting of the JOA

Date: 21 – 24 May 2026 (Thur - Sun)

Venue: Kobe Convention Center, Japan

Registration: [The 99th Annual Meeting of the Japanese Orthopaedic Association](#)

## The 99th Annual Meeting of the JOA

### General Information


Name of the Meeting	The 99th Annual Meeting of the Japanese Orthopaedic Association (JOA2026)
Theme	A Bridge Between Past, Present, and Future
Congress President	Sakae Tanaka, M.D., Ph.D Department of Orthopaedic Surgery, Faculty of Medicine, The University of Tokyo
Date	Thursday, May 21 - Sunday, May 24, 2026
Venue	Kobe Convention Center
Abstract Submission Period	July 10 - September 10, 2025
Early-bird Registration Open	Early March to Mid-May, 2026 (tentative)
On-site Registration	Thursday, May 21 - Sunday, May 24, 2026
Post Registration	June to July, 2026 *Exact date will be announced in due course.
On-demand Viewing Period	June - July, 2026 *Exact date will be announced in due course.
Host Organization	Department of Orthopaedic Surgery, Faculty of Medicine, The University of Tokyo 7-3-1, Hongo, Bunkyo-ku, Tokyo, 113-8655, Japan
Congress Secretariat	Congrès Inc. Onward Park Building, 3-10-5, Nihonbashi, Chuo-ku Tokyo, 103-8276, Japan Email: <a href="mailto:joa2026@congre.co.jp">joa2026@congre.co.jp</a>
Calligraphy for Japanese Theme	Shoko Kanazawa

## Wrist Arthroscopy Course & Elbow Arthroscopy Course

Date: 28 - 31 May 2026 (Thur - Sun)

Registration (28-29 May 2026): <https://www.ircadtaiwan.com/en-us/course.php?act=view&no=336>

Registration (30 - 31 May 2026): <https://www.ircadtaiwan.com/en-us/course.php?act=view&no=337>



**ircad**  
TAIWAN

May 28 - 29, 2026

### Wrist Arthroscopy Course

#### Course Directors:

Margaret Woon Man FOK (Hong Kong)  
Gregory Ian BAIN (Australia) Wei-Jen CHEN (Taiwan)

#### Course Supervisors:

Christophe MATHOULIN (France)  
Jan Ragnar HAUGSTVEDT (Norway)

#### Special Scientific Advisor:

Toshiyasu NAKAMURA (Japan)  
Pak Cheong HO (Hong Kong)  
Jui-Tien SHIH (Taiwan)

May 30-31, 2026

### Elbow Arthroscopy Course



#### Course Directors:

Margaret Woon Man FOK (Hong Kong)  
Gregory Ian BAIN (Australia)

#### COURSE SUPERVISORS

Christophe MATHOULIN (France)

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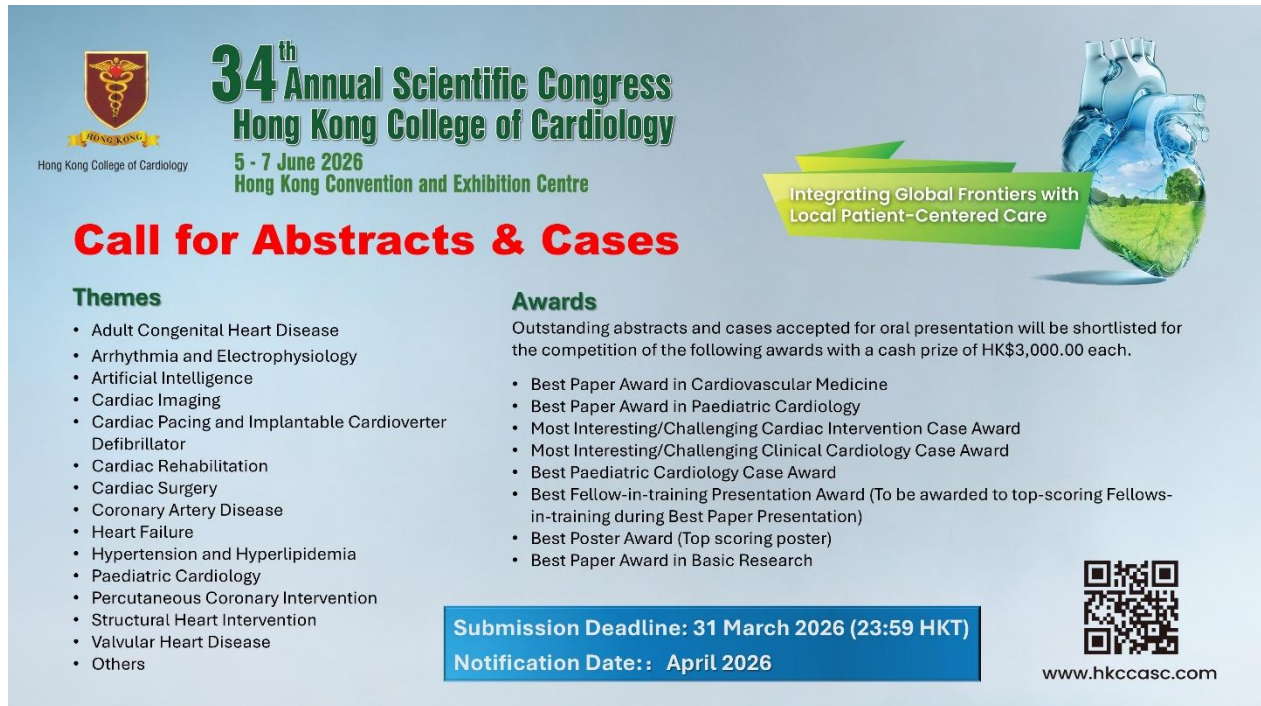
CHANG BING SHOW CHWAN MEMORIAL HOSPITAL, NO. 6, LUGONG RD. LUKANG TOWNSHIP,  
CHANGHUA COUNTY, 505, TAIWAN

# 34<sup>th</sup> Annual Scientific Congress – Hong Kong College of Cardiology

Date: 5-7 June 2026 (Fri – Sun)

Venue: Hong Kong Convention and Exhibition Centre

Registration: <https://hkccasc.com/2026/index.html>



The banner features the Hong Kong College of Cardiology logo on the left, which includes a shield with a caduceus and the text 'HONG KONG' and 'Hong Kong College of Cardiology'. To the right of the logo, the text reads '34<sup>th</sup> Annual Scientific Congress Hong Kong College of Cardiology 5 - 7 June 2026 Hong Kong Convention and Exhibition Centre'. On the right side, there is a graphic of a heart with a green landscape inside it, and a green arrow pointing left with the text 'Integrating Global Frontiers with Local Patient-Centered Care'. Below the main title, there is a red section header 'Call for Abstracts & Cases'. Underneath, there are two columns: 'Themes' and 'Awards'. The 'Themes' column lists various medical topics, and the 'Awards' column lists several award categories. At the bottom, there is a blue box with the submission deadline and notification date, a QR code, and the website URL.

**34<sup>th</sup> Annual Scientific Congress**  
**Hong Kong College of Cardiology**  
5 - 7 June 2026  
Hong Kong Convention and Exhibition Centre

**Integrating Global Frontiers with Local Patient-Centered Care**

## Call for Abstracts & Cases

### Themes


- Adult Congenital Heart Disease
- Arrhythmia and Electrophysiology
- Artificial Intelligence
- Cardiac Imaging
- Cardiac Pacing and Implantable Cardioverter Defibrillator
- Cardiac Rehabilitation
- Cardiac Surgery
- Coronary Artery Disease
- Heart Failure
- Hypertension and Hyperlipidemia
- Paediatric Cardiology
- Percutaneous Coronary Intervention
- Structural Heart Intervention
- Valvular Heart Disease
- Others

### Awards

Outstanding abstracts and cases accepted for oral presentation will be shortlisted for the competition of the following awards with a cash prize of HK\$3,000.00 each.

- Best Paper Award in Cardiovascular Medicine
- Best Paper Award in Paediatric Cardiology
- Most Interesting/Challenging Cardiac Intervention Case Award
- Most Interesting/Challenging Clinical Cardiology Case Award
- Best Paediatric Cardiology Case Award
- Best Fellow-in-training Presentation Award (To be awarded to top-scoring Fellows-in-training during Best Paper Presentation)
- Best Poster Award (Top scoring poster)
- Best Paper Award in Basic Research

**Submission Deadline: 31 March 2026 (23:59 HKT)**  
**Notification Date: : April 2026**



[www.hkccasc.com](http://www.hkccasc.com)

## Fellowship Exam Revision Course for Sports Surgery

Date: 25 July 2026 (Sat)

Venue: 10/F, CUHK Medical Centre



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# FELLOWSHIP EXAM REVISION COURSE FOR SPORTS SURGERY



### Instructors

Dr. Keith Wan (KWH)

Dr. Stephen Chung (Private)

Dr. George Law (CUMC)

Dr. Ramon Yiu (TKOH)

Dr. Andrew Fan (UCH)

Dr. Jonathan Ng (PWH)



Date: 25<sup>th</sup> Jul (Sat) 2026



10/F CUHK Medical Centre



Participants \$500 / Observer \$300



Please scan QR code for registration and payment methods.

**DEADLINE OF APPLICATION:  
30<sup>TH</sup> MAY 2026**

## APKASS 2026 Korea & ICKAS 2026

Date: 10 – 12 September 2026 (Thur - Sat)

Venue: Grand Hyatt, Incheon, Korea

Registration: [APKASS 2026 Korea & ICKAS 2026](#)



**APKASS 2026 Korea  
& ICKAS 2026**

Asia-Pacific Knee, Arthroscopy, Arthroplasty, Shoulder, and Sports Medicine Society  
in conjunction with 2026 Annual International Congress of the Korean Arthroscopy Society

September 10 (Thu) - 12 (Sat), 2026  
Grand Hyatt, Incheon, Korea

*From Asia-Pacific Heritage  
to Global Horizons*

**ABSTRACT SUBMISSION IS**

**NOW OPEN!**

**Abstract Submission Due**

**Mar. 31 (Tue), 2026**

We are pleased to invite your participation and  
look forward to receiving your abstract.

# 46<sup>th</sup> SICOT Orthopaedic World Congress

Date: 26 Sept – 1 Oct 2026

Venue: Kyoto, Japan

Registration: <https://sicot-congress.org/>

**2026**  
SICOT  
KYOTO 2026  
京都

29 SEPTEMBER – 1 OCTOBER

46<sup>TH</sup> SICOT ORTHOPAEDIC  
WORLD CONGRESS

A Bridge to the Future

[sicot-congress.org/abstracts](https://sicot-congress.org/abstracts)

**SUBMIT NOW**

**CALL FOR  
ABSTRACTS  
OPEN!**

**DEADLINE EXTENDED!**

**28 FEBRUARY 2026**

#SICOTKyoto2026

UNION INTERNATIONALE DE CHIRURGIE OSTHOPEDIQUE ET TRAUMATOLOGIQUE