



The Hong Kong Orthopaedic Association e-Newsletter (July 2026)



Dear fellows and members,

This is my sixth and last (in foreseeable future) HKOA newsletter. After working with HKOA for around a decade, it's about time for me to serve our discipline in other ways. But I am truly thankful for the remarkable experience in HKOA.

Before embarking onto this journey, my career vision was simple, to help individual patients I met at work. Feeling ordinary among many outstanding people in the profession, and with a content, non-competitive character and natural preference for solitude, I had never thought I could make bigger contribution. But by chance I was invited into the Organizing Committee of 2014 Annual Congress as the convener of Publication and Publicity Subcommittee. Never engaged in formal event organization, I was soon overwhelmed. With big tolerance from the co-chairmen Dr Wai-Pan Yau and Prof Patrick Yung, I tried my best to meet the job expectations. Out of insufficient knowledge in graphic design, I did something extraordinarily – hand-drawing programme book's cover with an atypical taste for black colour. Easily recognizable out of decades of programme books! Luckily, I got help from my colleague's designer friend to digitalize my drawing, as I was completely oblivious of terms like "DPI" and ".ai format" as required by the printing company! I was invited to continue as convener of Publication Committee in subsequent 2 years, including the 35th Annual Congress during HKOA's 50th anniversary in 2015. But the 2 organizing committees were smart enough to alleviate me from further drawing tasks!

After 2016 Annual Congress, I decided to take a break. 2 years later, I was invited to be the co-chairman of 2019 Annual Congress, with Dr Kam-Kwong Wong (KK, as how we usually call him), current HKOA's president. Being a passive person, I inclined to refuse, but could not walk away from my passion for the topic of "Ageing Orthopaedics". I thought I was better prepared this time, after experience in previous years. But the unprecedented social instability totally caught us off guard. Plans kept changing till the end. Multiple contingencies, including cancellation of Congress in last minute, were drawn. And indeed, it was at the last minute on the fateful Saturday morning that we decided to continue the Congress, a decision that brought the audience into potentially great danger. Once again I did something extraordinarily – providing instant reports about surrounding road situation on stage at the end of each session, totally awful news-reporting performance that was captured in video by our overseas guests!

I told myself I needed a rest after that roller-coaster year, but instead I served in HKOA Council in the following 6 years. Last year KK tasked me for preparing HKOA's 60th anniversary book. There was no way to turn my back on my old comrade. But it proved to be a mission impossible. If just a decade of works in HKOA already gave me so many memories, imagine the invaluable experience in HKOA's 60 years. Unrecorded, however, some has already been lost to history. My hope is to record whatever I could find

before it is too late, an immense work that I am still struggling on. I owe a deep apology to everyone for the delay in its production.

But history is an ongoing process. What we do today will become the past in future. Yet adding up these daily actions could drastically change the course of history, sometimes described as butterfly effect or parallel universe in pop culture. While working for HKOA in the past decade, the world has undergone huge changes brought by COVID-pandemic and geopolitical conflicts. Economic depression, rapidly changing healthcare policy, and explosion of AI technology pose direct challenges for our profession. During such period of turmoil, our choices and beliefs – such as openness to new ideas, insistence for science and medical ethics, empathy and honesty – will determine how the future path of history for HKOA.

Always caring for my health, my family forces me to take regular leaves for travels, the only times I can truly rest. Recently I spent 2 weeks in New Zealand, my last Eden in the Earth. We came across flocks of black swans, a uniquely beautiful species steeped in history. Unknown to its existence, it represented impossibility in Europe for centuries, a history that humbles us for ignorance of humans versus boundlessness of knowledge. With its discovery by Europeans in Australia in 17th century, it transformed to the modern-day black swan theory, that unexpectedness happens in our lives with far-reaching ramifications. Black swans are an introduced species in New Zealand, fortunately causing no damage in the fragile ecosystem. Yet the story of New Zealand massive bird extinctions by human-introduced mammals reminds us that any unthoughtful steps we make today can cause detrimental outcomes in the future.



Best regards,

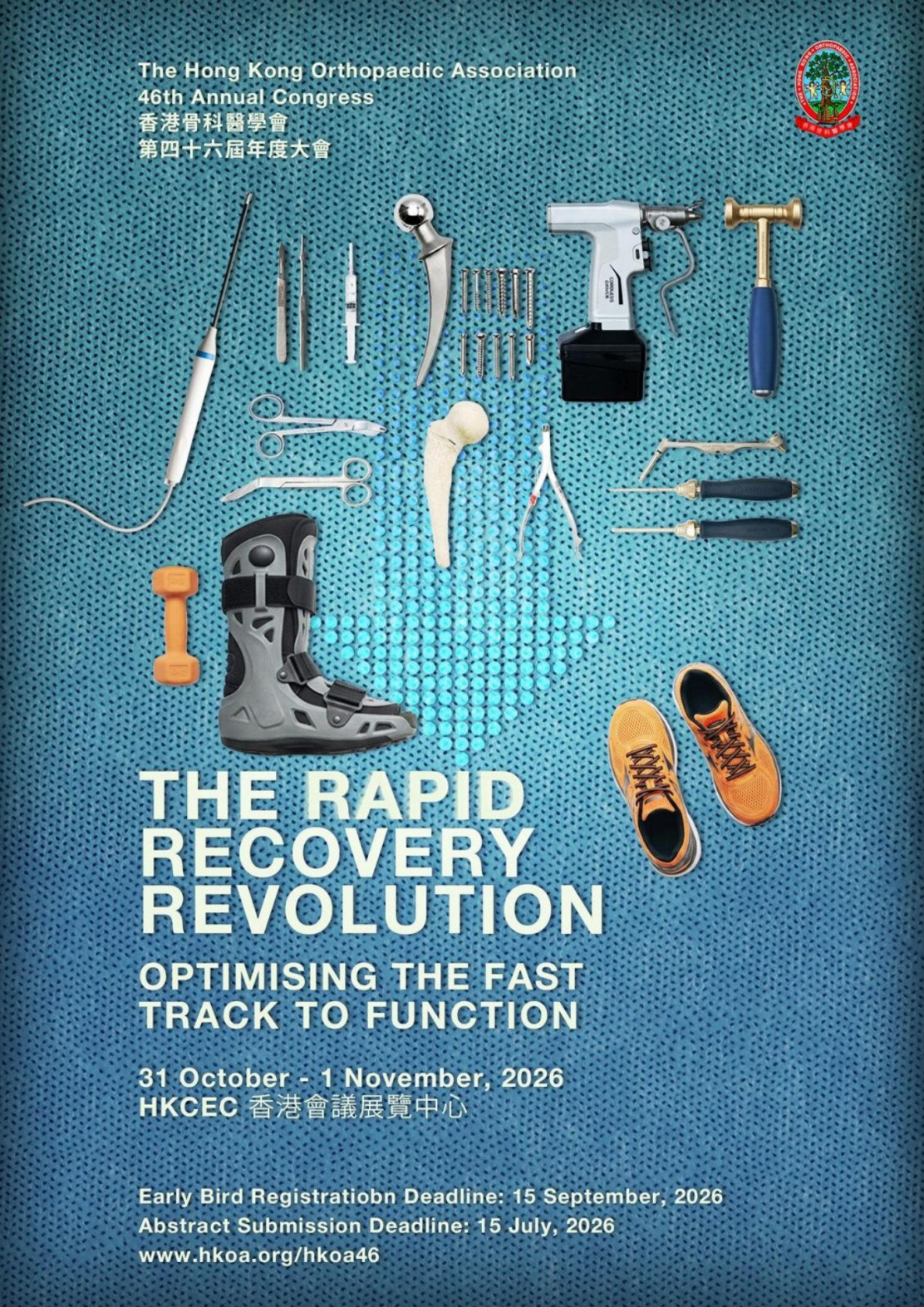
A handwritten signature in black ink, appearing to read 'Hsu', is written over a vertical line that serves as a guide.

Dr Albert Hsu
Council Member
Hong Kong Orthopaedic Association

Upcoming Events:

The Hong Kong Orthopaedic Association – 46th Annual Congress

Date: 31 Oct – 1 Nov 2026 (Sat – Sun)
Venue: Hong Kong Convention and Exhibition Centre
Early Bird Registration Deadline: 15 September 2026
Registration: <https://www.hkoa.org/hkoa46>

The poster has a dark blue background with a fine, light-colored dot pattern. In the center, a white silhouette of the map of Hong Kong is formed by a grid of dots. Various medical and orthopaedic items are arranged around this central graphic: surgical instruments like a scalpel, forceps, and a retractor system; a knee joint model; a hip prosthesis; a foot and ankle brace; a dumbbell; and a pair of orange running shoes. In the top right corner is the Hong Kong Orthopaedic Association logo. Text is placed in the top left, bottom left, and bottom center of the poster.

The Hong Kong Orthopaedic Association
46th Annual Congress
香港骨科醫學會
第四十六屆年度大會

**THE RAPID
RECOVERY
REVOLUTION**

**OPTIMISING THE FAST
TRACK TO FUNCTION**

31 October - 1 November, 2026
HKCEC 香港會議展覽中心

Early Bird Registration Deadline: 15 September, 2026
Abstract Submission Deadline: 15 July, 2026
www.hkoa.org/hkoa46

Advanced Robotic Knee Arthroplasty Workshop 2026

Date: 2 August 2026 (Sun)

Venue: Orthopaedic Learning Centre
1/F Li Ka Shing Specialist Clinics North Wing
Prince of Wales Hospital, Shatin

Registration: <https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13734843>

CUHK - OLC Surgeon Education Program: Advanced Robotic Knee Arthroplasty Workshop 2026 August 2, 2026 (Sunday)



Dr Michael Tim-yun ONG

Course Chairman

Dr Michael Tim-yun ONG

Department of Orthopaedics & Traumatology
The Chinese University of Hong Kong
Hong Kong, China

Overseas Faculty

Prof Hiroyasu OGAWA

Department of Orthopaedic Surgery
Gifu University
Japan

Dr Melvin Kian Loong TAN

Department of Orthopaedic Surgery
National University Hospital
Singapore



Course Secretariat

Tel: (852) 3505 3482

Email: olc-ort@cuhk.edu.hk

Website: www.olc-cuhk.org



Prof Hiroyasu OGAWA



Dr Melvin Kian Loong TAN

Sessions

- *UKA & Indications*
- *Primary & Complex TKA*
- *Revision & Advanced Cases*

Venue

Orthopaedic Learning Centre
Prince of Wales Hospital
Shatin, Hong Kong, China

CME Points

5 CME Points from HKCOS

Course Fees

- **Free of Charge**
- **Registration on first-come, first-served basis**

Registration Deadline

July 22, 2026

Organized by:



Supported by:

Smith+Nephew

Hand and Wrist Fracture Fixation Workshop

Date: 23 August 2026 (Sun)

Venue: Stryker APAC Training Centre, 9/F, 12 Taikoo Wan Road,
Taikoo Shing, Hong Kong

Registration: https://docs.google.com/forms/d/1FvmrvXAFkxTKNRAEsSJGguWc37AWOXzhIWEhFGkoj_g/viewform?edit_requested=true

The poster features a blue and yellow color scheme. At the top right, there is a 3D anatomical illustration of a hand and wrist with various orthopedic implants, including plates, screws, and external fixators. The main title 'Hand and Wrist Fracture Fixation Workshop' is prominently displayed in large, bold, blue and yellow letters. Below the title, on the left, is a vertical list of event details, each preceded by a circular icon: a location pin for the venue, a calendar for the date, a clock for the time, a dollar sign for registration fees, a Twitter bird for the early bird deadline, and a ribbon for CME points. To the right of this list is a yellow box titled 'PROGRAM' containing a bulleted list of topics. Below the program box is a 'REGISTER NOW!' section with a QR code and a registration link. At the bottom left is the logo of The Hong Kong Society for Surgery of the Hand, and at the bottom right is the organizer's name. The background of the poster is decorated with various 3D models of hand bones and fixation devices.

Hand and Wrist Fracture Fixation Workshop

PROGRAM

- Management of complex hand and wrist fracture
- Hands-on workshop on hand and wrist fracture fixation:
 - Ext Fix for distal radius fracture
 - Ext Fix for hand fractures
 - Distal radius Column specific plate
 - Fingers and metacarpal plate

REGISTER NOW!

Registration Link:
<https://forms.gle/NvWowwn9p78kfa519>

Registration Fees:

\$200	member early bird
\$300	non-member early bird
\$320	member regular
\$420	non-member regular

Early bird deadline:
31st July 2026

CME points:
pending

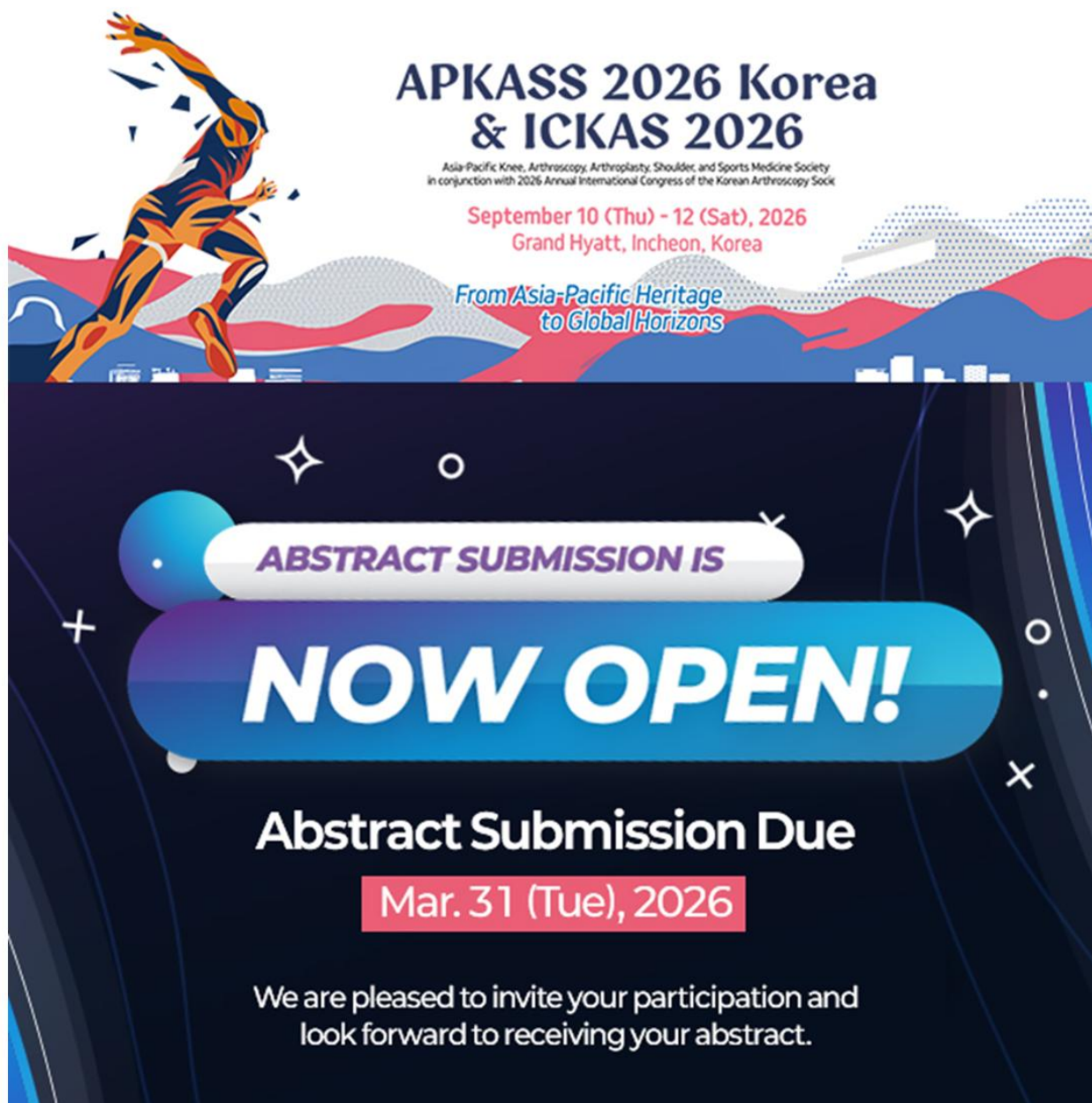
Organizer:
The Hong Kong Society for Surgery of the Hand

APKASS 2026 Korea & ICKAS 2026

Date: 10 – 12 September 2026 (Thur - Sat)

Venue: Grand Hyatt, Incheon, Korea

Registration: [APKASS 2026 Korea & ICKAS 2026](#)

The poster features a stylized illustration of a person in a blue and orange athletic suit running on a red and blue wavy path. The background is dark blue with white geometric shapes like stars and circles. The text is arranged in a clear hierarchy, with the event name at the top, followed by dates and venue, then a tagline, and a large 'NOW OPEN!' banner in the center. The submission deadline is highlighted in a red box, and a closing statement is at the bottom.

**APKASS 2026 Korea
& ICKAS 2026**

Asia-Pacific Knee, Arthroscopy, Arthroplasty, Shoulder, and Sports Medicine Society
in conjunction with 2026 Annual International Congress of the Korean Arthroscopy Society

September 10 (Thu) - 12 (Sat), 2026
Grand Hyatt, Incheon, Korea

*From Asia-Pacific Heritage
to Global Horizons*

ABSTRACT SUBMISSION IS

NOW OPEN!

Abstract Submission Due
Mar. 31 (Tue), 2026

We are pleased to invite your participation and
look forward to receiving your abstract.

26th Regional Osteoporosis Conference

Date: 13 Sept 2026

Venue: Hong Kong Convention and Exhibition Centre

Registration: <https://oshk.org.hk/2026/06/20/26th-regional-osteoporosis-conference-roc-2026/>

26th Regional Osteoporosis Conference

13 September 2026

Hong Kong Convention and Exhibition Centre

**Bone Health Reimagined:
From Prevention to Precision Management**

**Submit your abstracts and
register ONLINE now!**

Deadline for Abstract Submission:

31 July 2026

Deadline for Early-Bird Registration:

13 August 2026

Programme Highlights

- Diet, Vitamin D and Calcium
- Osteoporosis & Sarcopenia
- Bone Health During Pregnancy and Lactation
- Weight Management and Bone Health
- Novelties in Diagnosis & Treatment
- Prevention & Management of MRONJ
- Expert Discussions on Challenging Cases

CME / CPD / CDE Accreditation: Pending



Please visit our website for
up-to-date information

www.oshk.org.hk

Organized by:



A member of



Fellowship Examination Revision Course

Date: 19 September 2026 (Sat)

Venue: LG1/F, Daniel & Mayce Yu Administration Wing,
Faculty of Medicine Building, 21 Sassoon Road, Pok Fu Lam.

Registration: https://hkuems1.hku.hk/hkuems/ec_hdetail.aspx?guest=Y&ueid=107463



HKU Med School of Clinical Medicine
Department of Orthopaedics
& Traumatology
香港大學矯形及創傷外科學系

FELLOWSHIP EXAMINATION REVISION COURSE FOR HAND



REGISTER NOW

19 SEPTEMBER 2026 (SATURDAY)

LG1/F, Daniel & Mayce Yu Administration Wing,
Faculty of Medicine Building, 21 Sassoon Road, Pok Fu Lam

COURSE DETAILS

- ▶ Mock examination preparatory course for **2026** exam candidates
- ▶ Applicants from other years are also welcome
- ▶ Format: Face to Face
- ▶ Course Fee: HKD 1,500

MOCK EXAMINERS

- ▶ **Dr. Wing-Yuk Josephine IP**
The University of Hong Kong
- ▶ **Dr. Hin Keung WONG**
Princess Margaret Hospital
- ▶ **Dr. Sheung-Tung HO**
Private Practitioner



MORE DETAILS

https://www.ortho.hku.hk/exam_revision_course/2026

FOR ENQUIRIES

events@ortho.hku.hk

2255 5085 Cherlyne Chung

46th SICOT Orthopaedic World Congress

Date: 26 Sept – 1 Oct 2026

Venue: Kyoto, Japan

Registration: <https://sicot-congress.org/>



2026
SICOT
KYOTO 2026
京都

29 SEPTEMBER – 1 OCTOBER

46TH SICOT ORTHOPAEDIC
WORLD CONGRESS

A Bridge to the Future

sicot-congress.org/abstracts

SUBMIT NOW

**CALL FOR
ABSTRACTS
OPEN!**

DEADLINE EXTENDED!

28 FEBRUARY 2026

#SICOTKyoto2026

Logo of the International Orthopaedic Association (IOA) featuring a globe and the text "FEDERATION INTERNATIONALE DE CHIRURGIE ORTHOPEDIQUE ET TRAUMATOLOGIQUE".

Image of a traditional Japanese pagoda (Kinkakuji) with red and blue roofs.

Image of a group of people holding blue and white award certificates.

ICCR 2026

Date: 28 – 29 November 2026

Venue: CORDIS, Hong Kong (Mong Kok)

Deadline for Early Bird Registration: 29 October 2026

Registration: <https://www.iccr.hk/2026/registration.html>



The poster features a dark blue header with the ICCR 2026 logo on the left, which includes a stylized hand icon and the text 'THE HONG KONG SOCIETY OF RHEUMATOLOGY' and '香港風濕病學會'. To the right of the logo, the conference title 'International Conference of Chinese Rheumatologists ICCR 2026' is displayed in large white font, followed by the dates '28-29 November 2026' and the venue 'CORDIS, Hong Kong (Mong Kok)'. Below the header, a purple banner reads 'CALL FOR ABSTRACTS'. The main body of the poster is divided into two columns. The left column, on a dark purple background, lists key features: 'Best Presenter Awards & Outstanding Abstract Awards with cash price', 'Accepted abstracts will be published in Journal of Clinical Rheumatology and Immunology (JCRI)', and 'Travel Bursaries will be offered to Top overseas abstract submitters' with a list of included benefits like free registration, hotel accommodation, and air ticket reimbursement. The right column, on a blue background, lists 'ABSTRACT CATEGORIES' including autoimmune diseases, basic science, Behcet's disease, COVID-19, genomics, immunity, medical technology, nursing, osteoarthritis, osteoporosis, rheumatoid arthritis, spondyloarthritis, systemic lupus erythematosus, Sjogren's syndrome, antiphospholipid syndrome, systemic sclerosis, myositis, systemic vasculitis, and telemedicine. At the bottom left, a 'CONFIRMED FACULTY' list includes Zhu Chen (China), Hector Chinoy (United Kingdom), Masato Okada (Japan), Tsutomu Takeuchi (Japan), and Michael Wong (Hong Kong SAR). At the bottom right, two red and orange banners state the 'Deadline for Abstract Submission: 1 September 2026' and 'Deadline for Early Bird Registration: 29 October 2026'. The bottom of the poster features a QR code for the 'Abstract Submission Portal' and a background illustration of hexagonal tiles with various medical icons like a hand, heart, brain, and microscope.

THE HONG KONG SOCIETY OF RHEUMATOLOGY
香港風濕病學會

International Conference of Chinese Rheumatologists ICCR 2026

28-29 November 2026
CORDIS, Hong Kong (Mong Kok)

CALL FOR ABSTRACTS

- **Best Presenter Awards & Outstanding Abstract Awards with cash price** will be granted for recognition of the outstanding and original research
- Accepted abstracts will be published in **Journal of Clinical Rheumatology and Immunology (JCRI)**
- **Travel Bursaries will be offered to Top overseas abstract submitters** (residing outside Hong Kong) and includes:
 - ✓ Free registration fee
 - ✓ Two-nights hotel accommodation (single use) in designated travel bursary hotel
 - ✓ Reimbursement of round-trip economy class air ticket (US\$500 / US\$700 subjects to flight duration)

ABSTRACT CATEGORIES

- Autoinflammatory diseases
- Basic science related to rheumatic diseases
- Behcet's disease and miscellaneous rheumatic conditions
- COVID-19
- Genomics, genetic basis of rheumatic diseases
- Innate and adaptive immunity in rheumatic diseases
- Innovative medical technology (Artificial Intelligence / machine learning)
- Nursing
- Osteoarthritis, crystal diseases
- Osteoporosis, metabolic bone diseases
- Rheumatoid arthritis
- Spondyloarthritis, psoriatic arthritis
- Systemic lupus erythematosus, Sjogren's syndrome, antiphospholipid syndrome
- Systemic sclerosis, myositis
- Systemic vasculitis
- Telemedicine

CONFIRMED FACULTY

- Zhu Chen (China)
- Hector Chinoy (United Kingdom)
- Masato Okada (Japan)
- Tsutomu Takeuchi (Japan)
- Michael Wong (Hong Kong SAR)

Deadline for Abstract Submission: 1 September 2026

Deadline for Early Bird Registration: 29 October 2026


Abstract Submission Portal

For enquiry, please contact the ICCR 2026 Secretariat by email at iccr@iccr.hk

8th HKU International Musculoskeletal Tumour Course

Date: 10 – 12 December 2026 (Thu – Sat)

Venue: Lecture Theatre 2, 1/F, Academic Building, No. 3 Sassoon Road, HK

Registration: [Click Here to Register Now](#)



HKU Med School of Clinical Medicine
Department of Orthopaedics
& Traumatology
香港大學矯形及創傷外科學系

8th HKU International Musculoskeletal Tumour Course

Lecture Theatre 2,
1/F, Academic Building
No. 3 Sassoon Road,
Pokfulam, Hong Kong

10^{Thu} – 12^{Sat} DEC 2026

Course Highlight

- ✓ **Global Expertise**
Learn from distinguished speakers from around the world
- ✓ **Comprehensive Education**
Learn the fundamentals and principles in the care of musculoskeletal tumour patients
- ✓ **Case Discussion**
Detailed analysis of real-life cases
- ✓ **Networking Opportunities**
Connect with leading experts in the field
- ✓ **Focus Module**
Detailed coverage on all aspects of osteosarcoma

Accreditations

Please refer to course website for details.

Course Fee

- Doctors: HKD 1,700 | Early bird: HKD 1,200
- Orthopaedics Trainees: HKD 900 | Early bird: HKD 700
- Nurses & Allied Health Professionals: HKD 900 | Early bird: HKD 700

Early bird: On or before 1 Sep 2026

Registration Deadline: 30 Nov 2026

Course Directors



Prof. Pietro RUGGIERI
Full Professor and Chairman
Department of Orthopaedics and Orthopedic Oncology
University of Padova



Prof. PQ WU
Chief and Professor
Department of Orthopaedics
National Yang Ming Chiao Tung University



Dr. Raymond YAU
Honorary Clinical Associate Professor
Department of Orthopaedics and Traumatology
The University of Hong Kong

Regional & Overseas Speakers



Prof. Xiaohui NIU
Chair and Professor
Bone and Soft Tissue Tumor Diagnosis and
Treatment Research Center
Beijing Jishuitan Hospital



Prof. Mark T. SCARBOROUGH
Professor
Department of Orthopaedic Surgery and Sports Medicine
University of Florida



Prof. Jin WANG
Chair Professor
Musculoskeletal Oncology Department
Sun Yat-sen University Cancer Center



Registration & Details

<https://www.ortho.hku.hk/mst2026>

events@ortho.hku.hk

2255 5085 Cherlyne Chung



UNIVERSITÀ
DEGLI STUDI
DI PADOVA



AO Spine Course – Deformity: Advanced Techniques and Complex Cases (with Anatomical Specimen)

Date: 11 – 12 December 2026

Venue: Surgical Skills Centre (9 & 10/F), Laboratory Block, Faculty of Medicine, HKU, 21 Sassoon Road, Pokfulam

Registration: <https://eduevents.aofoundation.org/evt/s/evt-event/a1oTG00000BI8il/e23001832-ao-spine-coursedeformity-advanced-techniques-and-complex-cases>



AO Spine Course—Deformity: Advanced Techniques and Complex Cases (with Anatomical Specimen)

December 11-12, 2026

Hong Kong (The University of Hong Kong)

Chairperson



Kenny Kwan
The University of Hong Kong
Hong Kong SAR

Co-chairperson



Graham Ka Hon Shea
The University of Hong Kong
Hong Kong SAR

Course faculty

Eric Klineberg
UTHealth Houston, United States

Yong Hai
Beijing Chaoyang Hospital, Capital Medical University of China, China

Hui ren Tao
The University of Hong Kong Shenzhen Hospital, China

Chun Man Ma
North District Hospital, Hong Kong SAR

Course description

This two-day, interactive course engages participants through a series of case-based exercises and discussions related to real life scenarios for each pathology. This active learning approach is further enhanced through the practical exercises where advanced surgical correction skills will be practiced using real implants and spine models with human anatomical specimens.

Online self-directed learning: During the 4 weeks before the in-person event, participants must complete short self-study modules that will provide the necessary theoretical background and surgical technique description to obtain the most from their course.

Learning objectives

At the end of this course, participants will be able to:

- Perform a history, clinical, and physical examination in complex cases in adults and pediatric patients with deformity
- Order and interpret imaging and investigations to classify complex pathologies and deformities
- Plan surgical correction appropriate for complex and revision cases, and recognize the benefit of preoperative medical optimization
- Perform correction maneuvers for severe curves, sagittal imbalance, and revision surgery (multitrod constructs, sacropelvic fixation, osteotomies, etc)
- Avoid and manage complications, including PJK prevention strategies and managing late rod complications
- Recognize the role of emerging technologies such as augmentation and biologics and latest research findings and evidence in clinical practice

Goal of the course

The course covers advanced techniques for managing complex spinal deformity in adult and pediatric patients. It provides hands-on training to apply knowledge and technical skills, focusing on complex cases in adolescent idiopathic scoliosis (AIS), adult IS (AdIS), de novo scoliosis, sagittal and combined deformities, revision in adults, and high-grade spondylolisthesis.

Target participants

This course is designed for:

- Spine surgeons who treat deformity cases and who face more complex cases
- Surgeons who want to update their treatment of complex idiopathic and adult deformity
- It is also suitable for surgeons who have attended the "Deformity: Key Concepts and Techniques" course and/or Global Spine Diploma and want to increase their knowledge and skills

Registration fee

	Early-bird rate (Now–Sept 30)	Standard rate (From Oct 1)
AO Spine member:	USD 1,700	USD 1,800
Non-AO Spine member:	USD 1,800	USD 1,900

Participant contact

Ms. Emily Ngai
Email: emily.ngai@aofoundation.org

[Click to register](#)

or Scan the QR code

